



British  
Dressage  
South West  
Region

CORNWALL - DEVON - DORSET - SOMERSET - WILTSHIRE - AVON - GLOUCESTERSHIRE

<b>ALL COACHING CLINICS ARE OPEN TO COACHES, TRAINERS, INSTRUCTORS, RIDERS AND JUDGES</b>	
2 <sup>nd</sup> November	Goal setting and action plans for coaches and riders/Somerset/£25
9 <sup>th</sup> November	How to ask the right questions and giving helpful feedback/Wiltshire/£25
5 <sup>th</sup> December	Help your riders to develop their mental skills/Somerset/£25
16 <sup>th</sup> January	Help your riders to develop their feel and body awareness - Debbie Beasant/Wiltshire/£25
30 <sup>th</sup> January	An introduction to The UK Coaching Certificates /Duchy College, Cornwall/£25
1 <sup>st</sup> February	An introduction to The UK Coaching Certificates / Glos / £25
6 <sup>th</sup> February	An introduction to The UK Coaching Certificates/Dorset£25
27 <sup>th</sup> February	Any Questions? A panel of experts will answer your questions on training, coaching and competing/Somerset/£25
5 <sup>th</sup> March	New ideas on feeding and fitness of the horse/Glos/£25
19 <sup>th</sup> March	Performance profiling for dressage coaches - Anne Keen/Wiltshire/£25
2 <sup>nd</sup> April	How to use Performance Analysis techniques/Wiltshire/£25
30 <sup>th</sup> April	Lateral work – how, why, when and where/Avon/£25
14 <sup>th</sup> May	New ideas on bits, bridles, saddles and training aids/Somerset/£25
28 <sup>th</sup> May	Developing your riders' test riding skills/Wiltshire/£25
11 <sup>th</sup> June	Test riding and judging practical session and discussion/Glos/£25

If you would like to discuss the BD SW Region Coaching programme or UKCC please call Anne Tezer on 07890012474 or email [annetezer@googlemail.com](mailto:annetezer@googlemail.com)

Send your cheques payable to British Dressage and we will send your tickets by return.

Please note these events are open to non members, there is a £5 surcharge

Phone: Mandy Heath 07894232355

Email: [amandaheath@britishdressage.co.uk](mailto:amandaheath@britishdressage.co.uk)

(Please use booking form on following page)

Please reserve me	Place (s)
On	Judge Training / Senior Training/Coaching/ BYRDS Training / Other Training or event  Please specify if other:  Please circle the one you wish to attend



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Please reserve me	Place (s)
If attending Judge training, please state level you are applying	Prelim / Novice / Elem / Med / Ad Med / Advanced / PSG / Inter 1 / Inter 2 / GP / Other  Please circle as appropriate
Date of Event	
Location of Event	
£ enclosed – cheques payable to British Dressage	£
SAE Enclosed	Yes / No
Name of attendee (s)	Contact Details:
Email:	
Phone:	Mobile:

**Please complete this form and return it to:**

Mandy Heath  
Regional Development Officer  
British Dressage, Rosudgeon, Brockhampton, Swindon Village, Cheltenham, Glos. GL51 9RS

Phone: 07894232355

Email: [amandaheath@britishdressage.co.uk](mailto:amandaheath@britishdressage.co.uk)

If you are under 18 years of age, this form must be signed by a parent or guardian, if you are attending training other than BYRDS Specified training, signing this form indicates that you accept that the training may not always be taken by a person who holds a Child Awareness Certificate.

\_\_\_\_\_

Date: \_\_\_\_\_