



OFFICIAL RIDER BIOGRAPHY
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Felicity Coulthard

Date of birth:	21 November 1984
Lives:	Darwin, Lancs
Major achievements:	Felicity was picked to join the World Class Development Programme in 2005. She was selected to ride as an individual at the 2007 World Para-Equestrian Championships and won bronze in the grade II freestyle. Again competing as an individual, Felicity won grade II freestyle silver at the 2008 Beijing Paralympic Games.
Current competition horses:	Roffelaar, a 16.1hh bay gelding My Majesteit out of Markieka, born 1998 and owned by Felicity.
First competitive experience:	A dressage test on Valentines Dream in 1997.
Trainer:	Adam Murdin.
Superstitions:	"My hair has to be neat and tidy in a bun and my stock tied properly for me to feel confident."
Most admired riders:	Beth and Adam Murdin and Jane Bartle-Wilson.
Qualities looked for in a dressage horse:	"They need to be easy in the contact and engaged through the hindlegs. They also need to be forward going."
Favourite dressage venues:	"Hartpury College in Gloucestershire and the German international competitions."
What other career would you have chosen:	"Animal behaviourist." Felicity has a Bsc (Hons) in Animal Behaviour and Welfare
Favourite meal:	"Shepherds pie."
Favourite drink:	"Schloer."

Felicity has cerebral palsy, which reduces her range of movements and affects her speech. She first sat on a pony aged four while on a school trip.

“I am the only one in my family to ride, but my mum rode when she was younger, so she introduced me to it properly.”

Felicity started competing in 1998 when she joined the Pendle Riding for the Disabled (RDA) and the North West Dressage Group with the encouragement and help from her trainer at the time, Kate Bailey. These days, she keeps her horse at the yard of her current trainer Adam Murdin.

“Adam schools him every day and keeps him fit, so it is easier for me to ride him. Because of my disability I have to be aware of my right hand becoming too stiff and strong, therefore making Roffelaar one-sided. I also become tired easily, which then leads to lack of energy from Roffelaar,” says Felicity, who usually manages to ride two or three times a week.

