

Regional para reps:

Central (Berks, Bucks, Hants, Northants, Oxfordshire, Warks):
Clive Milkins (tel: 01753 663388)

East (Beds, Cambs, Essex, Herts, London, Norfolk, Suffolk):
Inger Bryant (tel: 01767 627372)

North (Cleveland, Cumbria, Derbs, Durham, Humberside, Leics, Lincs, Northumberland, Notts, Rutland, Tyne & Wear, Yorks):
Cathy Burrell (tel: 07912 448732/email: cathyeburrell@aol.com)

North West (Cheshire, Herefordshire, Lancs, W Midlands, Shrops, Staffs, Worcs, isle of Man):
Pamela Rigby (tel: 01565 889054/07710 904428)

South (Kent, Surrey, Sussex):
Joyce Wood (tel: 01795 890727/07949 035021)

South West (Avon, Cornwall, Devon, Dorset, Glos, Somerset, Wilts):
Juliet Seal (tel: 01794 885795)

Scotland (Borders, Dumfries & Galloway, Fife, Grampian, Highlands, Lothian, Central Scotland, Strathclyde, Tayside):
Erik MacKechnie (tel: 01764 694351)

Wales (Powys, Gwent, Glamorgan, Dyfed, Clwyd and Gwynedd):
Carol Green (tel: 01970 621676)