



## FAQS

### NORTHERN SENIORS (over 18s)

**What is available and which levels?** You need to be 18 or over to attend Senior training. A lot of it is open to members and non members, although BD members pay less. Camps, training days, social occasions and of course the Senior Inter Regional Competition in May and the Senior Home International in Sep/Oct are planned each year and enjoyed by many.

**Am I good enough?** Yes! We are asked this all the time! We have riders at Prelim level up to PSG attending our Camps and training. It's all inclusive and friendly.

**What if I don't want to be on the teams can I still attend training?** Yes.

**How do I register for selection?** You are required to attend 3 regional training days one of which must be a viewing day. You then receive all Senior Team information, a progress chart to track your progress and all the up to date information for the region. If you are achieve consistently good results at your level from Prelim upwards please contact Heidi Hutchinson [heidi.hutchinson@tesco.net](mailto:heidi.hutchinson@tesco.net) or [Sarah.huntridge@britishdressage.co.uk](mailto:Sarah.huntridge@britishdressage.co.uk)

**How do I get selected for teams?** There is a new detailed generic selection policy coming into effect in 2012. Look under the Rider Activity section on the BD Northern webpage for further details. You will be required to attend highlighted selection days (Camp counts as 2 days) to be considered for selection. The competitions to be selected for are the Senior Inter Regional Competition in May (you must be available on this date when you put yourself forward for selection and attend the March Selection day) and the Senior Home International in October (you must be available on this date when you put yourself forward for selection and attend the August Selection day).

**Who do I contact to discuss anything to do with Senior training?** Either Heidi Hutchinson [heidi.hutchinson@tesco.net](mailto:heidi.hutchinson@tesco.net) or Sarah Huntridge [sarah.huntridge@britishdressage.co.uk](mailto:sarah.huntridge@britishdressage.co.uk)