

Cathy Burrell – Northern Regions Para Representative



Cathy organises and oversees Para training and teams in the region. She has her own livery yard in Harrogate. Cathy can also be seen showing her collecting of Leonberger dogs and has been to Crufts on numerous occasions.

Welcome to the February edition of the Northern Regions newsletter

The regions committee has been very busy organising training, camps, lectures and viewing days. We aim to provide a broad spectrum of training throughout the region for all members at a variety of locations.

There is a lot of hard work behind the scene in the organisation of regional training: booking trainers, booking venues, arranging transport/ accommodation for trainers, designing posters/application forms, enquiries, taking bookings, arranging times and overseeing the day. For regional training to continue in each area support is require as we often have a minimum number of participants for each day to go ahead.

It is vital that applications for regional training are sent to the organisers no later than 7 days prior to the date. If not it may result in training being cancelled as notice is required from trainers and venues.

The regional web page on the British Dressage website is update on a regular basis with new training dates. Keep an eye out for training in your area and apply early so you do not miss out on these great opportunities!

BD competitions are now in full swing after Christmas and New Year. Feel free to send me reports and pictures on your success for future newsletters.

Sarah

Calling all potential Senior Inter Regional Team riders!

Have you sent in your application for the Senior Inter Regional Viewing day? Any rider who would like to be selected for this year's competition must attend one of the 4 viewing days. Dates and venues are on the regional web page.

The Development of Lateral Work within the Dressage Arena

Conducted by former Olympic rider Laura Fry, Saturday 31st March 7pm, Willerby Hill, East Yorkshire

The demonstration will give a clear explanation of lateral movements through the levels, from leg yield, shoulder in, walk pirouettes, travers, half pass in trot, half pass in canter, canter pirouettes. Participants should go away with knowledge of the directives for each movement, aids and preparation for each movement and how the scales of training are relevant to all lateral movements.

The evening is guaranteed to be educational, informative and motivational to anyone who has an interest in unaffiliated and affiliated dressage riding, judging and training.

Ticket application forms can be found on:

**[www.britishdressage.co.uk/
your_regions/northern_region](http://www.britishdressage.co.uk/your_regions/northern_region)**



Freedom
DRESSAGE

SALE

4th February

12 noon until 6pm.

The Stables Newby Hall Ripon

up to 60% off

Do you want to improve your posture?

Why not try rider analysis on the 26th February at Paddocks RC near Grantham?

Karen Thompson trainer of regional Paralympics rider Emma Sherdown will be conducting lessons for all on the centers mechanical horse.

Further details and application form on:
www.britishdressage.co.uk/your_regions/northern_region



WANTED

Northern Region Area Coordinators

The British Dressage Northern Region is continually developing its training programme on offer to its members.

The region is sourcing Area Representatives.

We need people to help co-ordinate their local training in a 'hands on' manner. We need to access the local knowledge within each area, and access a local view of what is required and where. The Area Representative will help to promote and assist in the running of their local events.

If you are interested please contact
Laradyson@btinternet.com

sue carson saddles

LOOKING FOR THE RIGHT SADDLE OR WANT YOUR SADDLE RE-FITTING?

WE PRODUCE MADE TO MEASURE SADDLES

..... TO HELP YOU

PRODUCE THE RESULTS

For a friendly, no obligation chat contact Sue Carson Saddles on 01629 540343 or 07946 642578 or email

info@suecarsonsaddles.co.uk



Sue Carson Saddles continued support

The Northern Region is delighted to announce that Kate Jackson and Sue Carson Saddles will continue to support the Northern Region in 2012. Both Kate and Sue will attend a variety of regional events throughout the region, so why not take advantage and ask about your saddle fitting?

To find out more and book an initial fitting, contact Kate Jackson on 07767 684554 or visit www.suecarsonsaddles.co.uk



Writers required

for the BD Northern Winter Championships!

March 1st – 4th at Willerby

Contact Debbie Leak
deb99geg@aol.com

Focus on...

Suppleness of Rider & Horse Lessons

Saturday 11th February with Vikki Hayton, College Farm, Tuxford, Notts.

NORTHERN SUCCESS

Northern Riders shine at Addington Manor High profile Competition.

The weekend of January 21st & 22nd Addington Manor played host to the 1st High Profile competition of 2012 and a string of the region Under 25's held their own.

Former GB riders Emma Corbett (Young Rider) and Maisie Scruton (Junior) took 1st place in their respective classes along with Alex Hellings (Pony) in her 1st attempt at a high profile competition came home with a 1st and 3rd. Elspeth and Henry Day also had top ten placing in the Junior and Young rider classes.

Senior riders were also present in the top ten with Anne Marie Perry taking the honors in Sundays PSG. Melissa Chapman also had a collection of top ten rosettes at the end of the weekend along with Becky Moody.

Congratulations to everyone involved!



British Young Riders Dressage Scheme

High Performance Camp at Willerby Hill.

Over 20 riders from The North, North West, Scotland and Wales came to the 1st of 3 High Performance camps held at Willerby Hill.

Dan Sherriff and Darryl Thicket trained the riders in shared and private lessons and commented on the high standard of riding throughout the weekend.

The riders also took part in test riding, video analysis, sports psychology, fitness tests, goal setting and socialising with their peers.

This is the first year that the camps have taken place and from feedback it seems we will see many more to come.



Para Home International

Once again the region will be sending two teams to the Para Home International held at Vale View on the 1st – 3rd June.

Former Paralympics rider Simon Laurens will be the Northern Regions team trainer. Simon will be visiting the region to conduct training session at Middleton EC & the Pegasus Centre in February

Contact CathyeBurrell@aol.com for further details



The British Dressage Northern Region newsletter is handcrafted in Yorkshire by PCD Agency www.pcdagency.com

The ANKY Free Rider from FREEDOM DRESSAGE

Loose weight, slimming your waist and hips

The ANKY Free Rider offers you a wonderful riding exercise helping you find a better balance, core-stability and helping you loose weight by slimming your waist and hips.

Try it out on the 4th February at The Stables Newby Hall, Ripon HG4 5AE.

Freedom
DRESSAGE

