

# British Dressage Northern Region

*Lecture Demonstration*

## ***The Development of Lateral Work within the Dressage Arena***

*Conducted by*

**Laura Fry**

*At Willerby Hill, Hull, HU10 6NT*

*7:30pm – 9:00pm*

*Saturday 31<sup>st</sup> March 2012*



### **About Laura Fry:**

Laura has represented Great Britain at Olympic level, World Equestrian Games and Europeans. She also holds National titles and has won numerous regional titles. She now trains a wide variety of riders including daughter Lottie Fry who has represented Great Britain at the Pony Europeans.

Laura is based at Aike Grange Stud home of the Northern Summer Regional's 2012. Laura has a number of client's horses which she trains and competes.

Laura is also a BD list 3a Judge, BD Trainer, Young Horse Assessor and BD Grading Assessor.

### **About the evening:**

The demonstration giving clear explanation of lateral movements through the levels, from leg yield, shoulder in, walk pirouettes, travers, half pass in trot, half pass in canter, canter pirouettes. Participants should go away with knowledge of the directives for each movement, aids and preparation for each movement and how the scales of training are relevant to all lateral movements. A variety of horse rider combinations will be used to show the audience the lateral movements through the levels of dressage.

The demonstration will be interactive with the audience who will be encouraged to judge movements and raise questions.

The evening is guaranteed to be educational, informative and motivational to anyone who has an interest in unaffiliated and affiliated dressage riding, judging and training.

***£15 per person for BD members & Associate Members***

***£18 for Riding Club/Pony Club Members***

***£20 for Non Members and ALL on the door sales***

To book a place, please send application form and full payment to:

Please make cheques payable to **British Dressage**

Sarah Huntridge, 1 Chapel Garth, Markington, Harrogate, HG3 3NY

Enquiries to:

[sarahhuntridge@britishdressage.co.uk](mailto:sarahhuntridge@britishdressage.co.uk)

This counts as  
1 selection day for those  
interested in Regional  
teams in 2012.



# British Dressage Northern Region

## Application Form

### Cancellations

No refunds will be issued.

Card Payments can be made by telephoning BD  
Head Office:  
024 76 698838  
Quoting Code:  
4632

**Application forms are still required along with a SAE for tickets to be issued.**



Name(s).....  
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Address:.....

Email:.....

Phone number:.....

BD/BRC/PC Membership No. (if applicable): .....

Where did you hear about the Regional Training?  
.....

**Please enclose a SAE as tickets will be issued.**

### Payment

*Please make cheques payable to "British Dressage"*

BD Members & Associate Members - £15  
Riding Club/Pony Club Members - £18  
Non BD Member and On the Door Sales £20

Send your payment, completed application & SAE to:

Sarah Huntridge, 1 Chapel Garth, Markington, Harrogate, N York's,  
HG3 3NY

Enquiries to: [sarahhuntridge@britishdressage.co.uk](mailto:sarahhuntridge@britishdressage.co.uk)