



EASTERN REGION PARA NEWSLETTER – SPRING 2012

Hello Everyone!

Hope you all had a good Christmas and New Year and are now looking forward to getting going in 2012 (Olympic and Paralympic Year!) We have quite a few events lined up in the region, and these, as well as the Talent Development weekend in March, are open to ALL – novice and RDA members welcomed as well as more seasoned para riders. We also hope to send a team to the Para Home International again this year, so please have a look at the details below and on the website, and if you are interested, come along to our team trials on 7th May.

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| 10-11 March | Para Equestrian Talent Development Weekend |
| 18 March | Simon Laurens Clinic at Barrow Farm |
| 24 March | Training day with Michel Assouline |
| TBC March | Visit to South Bucks with Clive Milkins |
| 7 May | Simon Laurens at Barrow Farm, Clinic and Team Trials |
| 2-3 June | Para Home International, Leicestershire |
| 10 June | Rachel Hillier Clinic at Milton College, Cambs |
| 17 June | Inter County Challenge at Norton Heath |
| 12 Aug | Rachel Hillier Clinic at Milton College, Cambs |

British Dressage Para Equestrian Talent Development

10 – 11 March 2012

Vale View Equestrian Centre, Nottingham Lane, Old Dalby,
Melton Mowbray, Leicestershire

Applications are now open - please email
amy.cullen@britishdressage.co.uk for further information

***THIS IS A FRIENDLY OCCASION FOR THE NOVICE RIDER, YOU WILL
MEET OTHERS WITH THE SAME HOPES AND ASPIRATIONS AS YOURS
AND MAKE NEW FRIENDS AND FRIENDLY RIVALS OVER A BURGER OR HOT DOG AFTERWARDS.***

Details of Events coming up:-

- TBA March **Visit to South Bucks Training Centre, Fulmer.** A trip to Fulmer to watch paras and RDA riders in training with Clive Milkin. Please contact Barbara or Katharine if interested. There is no charge for this but a small donation (£5-£10) to the centre would be appreciated.
- 18 March **Simon Laurens Clinic at Barrow Farm, Highwood, Chelmsford, Essex, CM1 3QR.** Lessons - £30. We are delighted to welcome multiple gold medal winning rider and trainer Simon back to the region, so do book up now for one of his inspirational lessons.
- 24 March **Training Clinic with Michel Assouline, Brickhouse Farm, Colne Engaine, Essex, CO6 2HJ.** Michel is the Para Squad Coach. He is a graduate of the French National Equestrian School, has vast international experience as rider and trainer. Lessons are £40 and tea and cake will be provided!
- 7 May **Simon Laurens Clinic at Barrow Farm, Highwood, Chelmsford, Essex, CM1 3QR.** Lessons - £30. We are delighted to welcome multiple gold medal winning rider and trainer Simon back to the region, so do book up now for one of his inspirational lessons.
- 2-3 June **Para Home International, Vale View, Leicestershire.** Would you like to ride in a team to represent the Eastern Region? Please book onto Simon's clinic on the 7th May if you are interested, and mark on your application that you would like to be considered for a team place. The schedule for this event is available to download on the regional webpage in the Para section.
- 10 Jun
12th Aug **Rachel Hillier Clinic at Milton.** Rachel will set out a programme for each rider to follow and give them a progress report. Lessons £35. Refreshments will be available.
- 17 June **Inter County Challenge, Norton Heath.** This is a team competition open to all riders and organised through your County Co-ordinator, so do look on the next page for details and get in touch with them to find out about the trial days.
- TBA **Lessons on Mechanical Horse, Chigwell Trust.** If you are interested in having a lesson with Deborah Hall at the Chigwell RDA Centre, then please get in touch with Barbara or Katharine. Deborah trained with Pat Smallwood FBHS, she is an RDASI and manages the Chigwell Riding Trust. She trained Liz Stone who in 1994 became World Champion at Hartpury and in 1996 gained individual silver and team gold medals at the Atlanta Olympics. A great opportunity for those of you without your own horse (and those with of course) to have a lesson concentrating purely on your riding, position and balance. £10

For all the above, please send application stating which event you would like to enter with your name, email, telephone no and cheque (payable to British Dressage) to Katharine.

If I do not already have you on my email list, and you would like to be kept up-to-date with Para activities – please do email me at: katharine.perry@britishdressage.co.uk and I will be happy to add you to my group!



17 June 2012 – Norton Heath INTER COUNTY CHALLENGE

This event is aimed at giving you a chance to train locally and then compete for your county. We have in place, County Coordinators in each of our Eastern Regional counties, and they will be your point of contact. There will be local viewing days, training and team selection, before we all meet together on the 17th June for the Challenge!! Teams will be made up of four riders – one Preliminary, one Novice, One Elementary and the fourth member to be either Prelim, Medium, Advanced Medium or PSG level. Teams can be senior, BYRDS and Para riders – in fact we very much hope they will be a mixture of all three! Para riders will also have the option

of riding their relevant Para Grade test if they are not able to ride the tests offered. So, if you are interested in getting involved, contact your County Coordinator (details below) and she will be able to tell you more!

County Co-ordinators

| County | Name | Tel | Email |
|---------|-----------------|--------------|---------------------------------------|
| Essex | Michele Wyatt | 07989 515428 | shell.wyatt@gmail.com |
| Herts | Charlotte Holes | 07866 732072 | charlotte@langleybury.com |
| Suffolk | Debbie Tate | 07803 282905 | Deb.tate1@virginmedia.com |
| Norfolk | Amanda Edwards | 07799 402045 | amanda.edwards_dressage@hotmail.co.uk |
| Beds | Natalie Banks | 07767 615267 | Nataliebushell85@yahoo.co.uk |
| Cambs | Natalie Payne | 01763 281682 | mrsnataliepayne@gmail.com |
| London | Kim Ratcliffe | 07702 023288 | Jacqui.rat@lineone.net |

Happy riding!

Barbara

Barbara Angel
Para Rep BD Eastern Region

Amber Busbridge & Simon Laurens



INFORMATION

For all up to date information and details of events, visit our regional webpage on the British Dressage website at:

www.britishdressage.co.uk/your_regions/eastern_region

Katharine Perry, Eastern Regional Development Officer:

katharine.perry@britishdressage.co.uk

Hérons Farm, Hérons Lane, Fyfield, Essex, CM5 0RQ Tel: 07872 603871

Barbara Angel, Eastern Para Rep:

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