

# British Dressage Northern Region

## The Weekend Package Includes:

2 Shared lesson with one of our top trainers!

Rider Test riding session

Test Riding Video Analysis

Test riding debrief with a BD listed judge/BYRDS assessor

2 Workshops

2 nights stabling including straw

Evening Meal (Friday)

Quiz Night (Friday)

Buffet (Saturday)

Lecture Demo (Saturday)

£175 BD members  
£185 non BD members

The BYRDS camp also counts as 2 of the 3 required BYRDS training days for team selection in the summer 2012!



## BYRDS Residential Dressage Training Camp

17<sup>th</sup> – 19<sup>th</sup> February 2012

At Willerby Hill, Hull. HU10 6NT

The weekend is packed with equestrian and social activities for riders and horses of *all* abilities.

### Workshops include:

**Test Riding Video Analysis:** Participants will have the opportunity to watch their test and gain an insight in to how and where marks are awarded in the rider tests. Analysis of position and effectiveness of the aids will also be discussed.

**Test Riding Debrief:** The opportunity to have open discussion with a BD listed judge/BYRDS assessor and pick up some vital test riding tips and hints!

**Practical Workshops:** These cover aspects of dressage training and management of the Dressage horse/pony.

**Lecture Demonstration:** Participants will be involved in an interactive lecture demonstration based on the development of the Dressage Horse through gymnastic exercises.

### Camp also features:

**Team Building and Quizzes:** Encouraging all participants to get involved and develop social skills. A great opportunity for parents to get to know each other too!

**The Northern Regions BYRDS Training camps are open to both Members & Non - Members of British Dressage who are between the ages of 6 yrs and 25 yrs.**

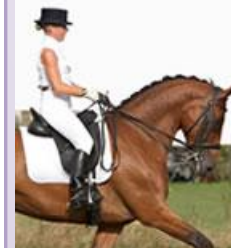
For an Application Form go to;

[http://www.britishdressage.co.uk/your\\_regions/northern\\_region](http://www.britishdressage.co.uk/your_regions/northern_region).

Or contact Leanne Howe – 07841 204553  
[leanne\\_howe@hotmail.co.uk](mailto:leanne_howe@hotmail.co.uk)

## The Trainers!

### Hannah Esberger



Hannah is an International 2\* dressage rider and BD trainer. She has competed internationally for Britain as a Pony, Junior, Young and Senior rider. She was a past talent spotted winner and young rider champion and holds 7 National titles.

She has her own private yard where she has lots of younger, talented horses to ride ranging from novice to Prix St George (PSG). She also trains a wide variety of clients from Prelim to PSG.

### Hannah Moody



Hannah is a BD trainer and has been actively involved with BYRDS for over 10 years and has been very influential in the growth and success of regional and national BYRDS

Many of her pupils have been successful at National and International level. She started Young Rider horse Kwadraat on his successful career with top placings at the Nationals up to Medium level and Medium Elite Champion in 1999. She has also had great success training and competing other horses from youngsters to Grand Prix.

Hannah currently sits on the national BYRDS committee and is a BYRDS assessor.