



Southern Region BYRDS Camps 2011



What is a BYRDS camp?

Camps normally run for 2 days offering stabling for your horse or pony. You can either stay in your lorry or book into a local hotel. During the camp you will have coaching sessions with BD approved trainers and teaching/demonstration sessions on various horse related topics that you will find useful in looking after your horse, competing, etc. Evenings will involve lots of fun and games so come prepared to join in. They are not optional!

One of the main aims is to get you involved. Not only in caring for your horse, but also learning from each other. You can have individual training sessions at home but coming to camp is about meeting other people and really getting to know each other so that you are there to support each other!

Yes, these camps are used as one of the ways that we select teams – not just of the best riders but of those who show more than just ability – team spirit, empathy for the horse and other riders, trainability, etc. There will be a big emphasis on working as part of a team – not just you and your horse as a team, but the whole of Southern BYRDS and this includes parents. Younger BYRDS or Fledglings will need their parents to help, and we welcome all parents as an important part of the team.

Where is it?

Spring Camp - This is a fabulous new venue at High Meadows, Hammerwood, East Grinstead - Breakfast lunch and dinner will be available. **SORRY NOW FULL**

Summer Camp - We have been invited back to Oldencraig Equestrian Centre, Lingfield - again Breakfast, lunch and dinner will be available.

Who will be there?

Coaches, Parents and People Like YOU!

What do I need to bring?

BYRDS under 16 yrs must bring a responsible adult (we can organise sharing if this is difficult for anyone!). And we encourage all parents to become part of the wider Southern BYRDS Team. The following list gives you an idea of what you will need to bring but please note that this list is not exhaustive so if there is something not on the list that you need – bring it along!

Also dependent upon where the camp is being held there may be special instructions. We will let you know these before the camp to make sure you have everything you need

Horse equipment

- a. Rugs – Come prepared with your horse/pony's rugs for day and night.
- b. Food – you will need sufficient bucket feed for 2 days. Why not measure out your bucket feeds into carrier bags before you come so they are ready to use? Don't forget feed and water
- c. Mucking out equipment – **if you** are at Oldencraig they will muck out for you, at all other locations you will need to bring your own equipment or join with a friend and share.
- d. A shavings bed is not always provided you may be required to bring bedding along or purchase on site
- e. Hay or Haylage - again this is provided by Oldencraig but not at the other venues so please check your joining instructions.
- f. Grooming kit – you know what you use! Don't forget it!
- g. Riding equipment – saddle, bridle, saddle cloths, boots or bandages, etc
- h. Any medication for your horse – especially for summer camp if it is likely to be hot don't forget electrolytes and any other supplements you use.
- i. Make sure everything is labeled with your horse's name! Sounds like school, doesn't it? You'd be disappointed if things went missing!

Rider Equipment:

- a. A safety standard minimum Riding hat – **no exceptions!**
- b. Please look smart but casual. You will not need your competition gear for this camp but we do expect you and your horse to be well turned out. Bring plenty of layers – it may be cold outside but you'll soon warm up once the trainers start coaching!!
- c. Sun lotion for summer camp and cool clothing – you never know it may be hot! And of course wet weather gear in case of a usual British Summer
- c. Be prepared for any weather conditions!
- d. Trainers or comfortable shoes for evening Games!
- e. a Parent or Guardian

How do I get there?

SPRING CAMP

High Meadows, Holtye Road, Hammerwood, East Sussex RH19 3QB.

High Meadows is situated in Hammerwood on the A264 main road. It is 3 miles from East Grinstead and 8 miles from Tunbridge Wells. Please go to High Meadows website Michelllecogger.com and then contact details and you can find further directions from there.

SUMMER CAMP

Oldencraig Equestrian Centre, Tandridge Lane, Blindley Heath, Surrey. From the M25 take junction 6 and follow the A22 to East Grinstead - follow this road for approximately 6 miles to Blindley Heath. Turn left at the traffic lights immediately after a Texaco service station - this is the B2029 towards Lingfield. The first road to the left is Tandridge Lane and Oldencraig Equestrian Centre is the first property on your left.

Where do I stay?

Most people who bring their lorry stay on site to be there for late night checks and early morning feeds. However, those with trailers can enjoy a bit more luxury if needed - please give Nicci Hill a call on 07595 272601 for a list of local hotels/bed and breakfasts!

Times

A list of BYRDS attending along with session and coaching times will be emailed/sent to each camp member prior to camp. The first days training will begin not earlier than 9am and the 2nd day will finish at approx 4.30pm.

WE LOOK FORWARD TO MEETING YOU AT THE NEXT CAMP!