

SO YOU FANCY BEING ON A REGIONAL TEAM?

The first team step is our popular **Team Quest series**. These events run all over the country from 1st December until the 31st August. Teams gain points that take them towards a semi-final within their region and a final in the Autumn. The rules and eligibility have been deliberately left as open as possible – riders can ride different levels or the same, they can share horses, have different riders swop in and out at different events for the team, and you don't even have to wear competition wear. Many teams have their own kit – bright colours, logos, matching waistcoats – all are welcome!



From Quest, the next step for riders is regional activities - and in the East we run a great



competition in June/July called the **Inter County Challenge**, where riders from all the counties that make up the Eastern Region compete against each other for glory! All the training takes place locally, saving travel costs and time, and is organised by our fab band of County Coordinators – see list on website and get in touch with yours.

Youth riders get the chance to ride in a team at the **Sheepgate U25 Championships** at the end of August.

These teams are at different levels from Prelim to FEI level, so look out for opportunities to represent your region here too.

At National level, we have the **Inter Regional Team Events** – Seniors in May and Youth in late June/early July at Keysoe, Bedfordshire. For Seniors – we invite applications from bronze and silver riders from Prelim up to Medium level. Youth Inter Regionals is a celebration of the Squad (rider) tests which are ridden and assessed during the year. Riders will ride either in age categories if under 12 or under 14, or at the level they have achieved that year in their riding. Both of these competitions start with a party on the Friday night, two days of hot competition, more fun on Saturday night in regions and culminate in prize giving on Sunday afternoon before everyone wearily heads off home to recover!



Our highest level National competitions for regional riders are the series of **Home Internationals**. These high profile competitions for riders in all sections from bronze to gold are held annually for Para's, Youth and Senior's. The venues move too, and for this riders are invited to ride for their country (and wear a National flag) as well as their region as England, Scotland, Ireland and Wales come together to vie for the trophy.

WHAT DO I HAVE TO DO?

You need to engage with regional activities, taking part in some of the many events that are put on – camps, test riding days, judge training, lectures, yard visits, demos, clinics... You also need to collect some good scores at the level you are aiming for. All of these can be gained in the 12 months preceding the cut-off date for selection, so you could already be halfway there! For Youth riders aiming for the Youth Inter Regionals, you need to get squadded and get some Rider Skills Test results. And most importantly for everyone, you need to read the **2020 Selection Policy** for your chosen event carefully, to make sure you and your horse are eligible.