

YOUR BD YOUTH AMBASSADOR



Freya Elliott



BD Southern



What do you love about being an ambassador?

I love helping develop the youth riders. Helping youth riders gain confidence and watching self-development up through the levels. I also love watching the horse-rider partnerships flourish too!

How did you get into Dressage?

I used to event my thoroughbred Willoughby up to 1*. I decided I wasn't going to progress any further up through the levels so he turned his hooves to dressage where I trained Willoughby myself from Prelim to Inter 1. I am competing Prix St George at the moment and I'm hoping to move up to Inter 1 by the end of the year.

Have you ever taken part in or been involved in any BD development programmes?

I'm currently taking part in the Young Professionals Programme 2019/2020. I've also taken part in multiple Young Rider Development Pathway courses.

* Freya is also working towards her BDCC Level 2 coaching qualification so she can hopefully continue to develop young riders for the future! *

What is your horsey career highlight so far?

Participating as part of one of the 10 riders from the Hickstead Young Professional Quadrille performing in-front of royalty, including the queen herself at The Royal Windsor Horse Show evening Pageant. A massive thank you to Dane Rawlins and Jennie Loriston-Clarke for such an amazing, one in a lifetime opportunity!

Get involved!

Find out more about BD Youth near you, visit www.britishdressage.co.uk/regions