

# YOUR BD YOUTH AMBASSADOR



**Lucy Mckeon**

**BD North West**



## **What do you love about being an ambassador?**

One of my favourite things about being an ambassador is how much my confidence has grown, not only in my own activities (competing and volunteering), but also in introducing myself to new members and making them feel at ease.

## **How did you get into Dressage?**

My first ever dressage competition was with my horse on loan, Lady, when I was 12. We did a walk and trot test that day and I was hooked ever since. She was an older horse, but she was so willing to learn that it was a lot of fun training her. My horse after her, my 15.2 maxi cob who I still have, was not quite so easy.

## **Fun fact!**

I am studying a PhD in psychology at the University of Nottingham. Balancing studies with horses is tough but I wouldn't have it any other way! I love both very dearly.

## **What is your horsey career highlight so far?**

My dressage career highlight has to be the first time I qualified for the Petplan Championships in 2018. Lily was so focussed on me and in a beautiful balance- it felt like we floated around. I even did a tiny air punch on the way back from the arenas which is very uncharacteristic of me! We ended on 5th on 67% in a huge class so based on the ratios we were off to the Area Festival Championships in 2019! Competing there was also a highlight, but she was a lot naughtier due to the atmosphere.

**Get involved!**

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