

# YOUR BD YOUTH AMBASSADOR

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✨ **Jess Parsons** ✨

## BD South West



### **Have you ever taken part in or been involved in any BD development programmes?**

This year I have been incredibly lucky to be part of the BEF Young Professionals Program. YPP has been a great program to be part of, we have had such a variety of speakers from different professions. It has been inspiring to hear their stories and how they have overcome obstacles along the way, whether a sports person or a business professional. We also received some very helpful legal advice from industry experts. I would definitely urge anyone who is thinking of applying for the next intake to do so.

### **Fun fact!**

I'm very allergic to all things horsey!! Horse hair, Hay, Straw, Grass etc. which has been the perfect career choice for me to work with horses! I'm very thankful for some strong antihistamines, nasal spray and eye drops of which I take all year round!

### **What is your horsey career highlight so far?**

My career highlight has to be in 2019 taking my young horse to his first big show (Petplan Equine Area Festival) just to see what he might think of a big atmosphere and venue. I was so happy to win and it fulfilled a lifelong dream of winning a sash!! He then went on to qualify for the Winter Championships.

### **How did you get into Dressage?**

I have always had horses ever since I can remember but when I was 10 we moved to a local livery yard that ran BD competitions and from then on I was hooked! I was lucky enough to have a ride on a lovely dressage horse who helped me start on my BD Youth path and have continued ever since!

## Get involved!

Find out more about BD Youth near you,  
visit [www.britishdressage.co.uk/regions](http://www.britishdressage.co.uk/regions)