

BYRDS NW TRAINING AWARD SCHEME



The NW Training Medal Scheme is open to all fledgling, pony, junior and young riders. The pathway is developmental and riders move through three stages; bronze, silver, and gold, at each level you will receive a badge which can be worn on your training tops/shell jackets. When you achieve your gold award you can put yourself forward for your Training Medal Assessment, when you successfully complete this you will be awarded with your Training Medal at our Annual Presentation Evening.

Earning Your Points:

At each training session you will be awarded points (1-10) by your coach in the following areas:

1. Tack and turnout
2. Trainability (how much you listen, communicate – ask questions, effort)
3. Improvement from the last session (how much you have improved/ homework worked on)

You will be responsible for taking your log to each BYRDS session and your coach will complete the scoring. You need to remember to always have your log with you, coaches can only sign it at the training session, and you can't back date or say I've forgotten it. You carry over points so the system is progressive; when you get your bronze award then you have to get another 60 points for your silver for example.

Award Levels

Level	Points needed	Activities
Bronze	60	Attendance at training, plus one stable management workshop.
Silver	120	Attendance at training and a BYRDS workshop (this must be a different one from the bronze award), one squad test sheet at your level.
Gold	180	Attendance at training a stable management/ workshop (again a different one from your silver award), completion of the Competitors Certificate, two squad test sheets at the appropriate level.
Training Medal		Training Medal Assessment

Points System

Mark	Definition
9.5 – 10.0	Excellent
8.5 – 9.0	Very good
7.5 – 8.0	Good
6.5 – 7.0	Fairly Good
6.0	Satisfactory
4.5 – 5.5	Some development needed
4.0 & below	Work is needed in order to improve

TRAINING MEDAL

When you have completed your gold training badge you can go forward to your training medal assessment. You will go to an assessed training session where you will have to complete a training session (including riding your squad test) participate in a question and answer session with the coach and observe another rider and give feedback to the coach on what you have observed, you will need to have a good knowledge of the scales of training and the way of going for this part. The coach will then ask you some questions and based on your performance through all parts you will if successful qualify for your training medal.

HOW TO GET INVOLVED

To register your interest for the scheme all you need to do is to drop Sue Blackshaw an email (suebla@btinternet.com) and she will send you your record sheet, or you can use the one below. You then need to download this, keep it in a plastic wallet for safety and remember to take it to each of your training sessions.

SUBMITTING LOG BOOKS

When you get the required number of points / have completed the necessary components at that level you send your log and photocopies of your squad test sheets with a cheque made payable to British Dressage for (£2.50) to Sue Blackshaw (by post) and you will receive your level badge and certificate.

BYRDS NW TRAINING AWARD SCHEME LOG



Rider

Horse/ Pony..... Level: PONY / JUNIOR/ YR (underline)

Date & Coach	Training Scores	Goals to work on
	Scores out of 10 1. Tack and turnout _____ 2. Trainability (how much you listen, communicate – ask questions, effort) _____ 3. Improvement from the last session (how much you have improved/ homework worked on _____)	Coach Signature _____
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Scoring system:
 10 – 9.5: Excellent, 9.0 – 8.5: Very Good, 7.5 – 8.0 Good, 6.5 – 7.0 Fairly Good, 6.0 Satisfactory, 5.5 – 4 Some development needed, 4.0 & Below: Work is needed in order to improve.