UKCC Information for British Dressage Members

What is UKCC?
The UK Coaching Certificate is a government recognised qualification and provides a recognised stamp of quality coaching across all sports around the UK. There are four levels with all sports requiring the same coaching skills at each level.

- **Level 1** – Assistant...delivers aspects of sessions...direct supervision
- **Level 2** – Basic, safe coach. Can prepare for, deliver and review a progressive series of sessions. This is now a Dressage specific coaching qualification.
- **Level 3** – Fully autonomous (independent) coach; role model at County/Regional level. Can plan, deliver, analyse and review annual programmes of rider development
- **Level 4** – This is a Post Graduate Diploma run through the BEF.

**Level 1** is generic and as such British Dressage do not currently run this qualification.

**Levels 2 and 3** are discipline-specific, which for BD means you will be assessed coaching up to Elementary for Level 2 and Advanced Medium for Level 3.

What are the benefits of a UKCC dressage specific qualification?
The UKCC has helped raise the profile of equestrian coaching by establishing best practice coaching standards. We now have a nationally recognised framework of qualifications for coach education developed by the UK’s most successful sports. The successful completion of a UKCC dressage specific qualification, demonstrates that you have the technical knowledge and practical ability to coach riders to the level of the qualification gained.

British Dressage recognises this knowledge and the hard work that goes into completing a UKCC qualification and strive to continue to support our coaches, and develop their careers after the courses. Therefore any regional training up to Elementary must be taken by either a recognised or accredited coach. Any medium or advanced medium training can only be taken by an accredited coach. This is an excellent way to expose your coaching skills, and begin to develop your own client base.

Requirements

The requirements are;
- Minimum age 18yrs
- BD member (full or non competing)
- Registered on the trainers database
- Have current first aid certificate
- Have a current safeguarding certificate
- Have insurance (Public liability)

November 2016
UKCC Dressage Specific Level 2 Qualification

For Level 2 you will be required to complete the following:

Submit a Portfolio which will show evidence that you can:-

- Plan and Prepare a Series of Four Linked Equestrian Coaching Sessions
- Produce Coaching Participant Records
- Complete Coaching Session Plan
- Evaluation of Your Own Coaching Practise
- Demonstrate Knowledge of Suitability of Horses

To complete the portfolio you will have to work with your own riders, and so for level 2 you will need four riders at Novice to Elementary level.

Names of these riders must be supplied on application with a declaration from them that they are willing to take part.

Show in a Practical Assessment that you can:-

- Learn and Use Different Coaching Styles
- Coach Groups
- Manage a Safe Coaching Environment
- Have an Understanding of Rider Physical Fitness
- Improve Riders Performance

For the Level 2 assessment you will have to:-

Submit your portfolio and take two practical coaching sessions. The first session will be a group lesson and the second session will be private.

Workshops

For Level 2 there are four one-day workshops about a month apart followed by a final assessment.

The workshops are a mixture of theory based classroom sessions where the information needed for the portfolio will be covered, and practical coaching sessions where the coaching skills will be covered. Advice on the technical skills will also be given in the practical sessions but we cannot make you technically competent at the level in 4 sessions so you must be competent and confident in your technical skills before applying.

November 2016
You will also need to be prepared to work on your own between workshops. This includes completing the portfolio tasks and could include watching other coaches and making sure you get as much coaching practice as possible.

**Dates and prices for 2017**

We have three level 2 courses planned for 2017

**Catherston Stud, Hampshire**

Workshop 1  Tuesday 24 January  
Workshop 2  Tuesday 28 February  
Workshop 3  Tuesday 28 March  
Workshop 4  Tuesday 25 April

Assessment  Tuesday 9 May

**Myerscough College, Lancashire**

Workshop 1  Tuesday 4 April  
Workshop 2  Wednesday 3 May  
Workshop 3  Wednesday 14 June  
Workshop 4  Wednesday 5 July

Assessment  Tuesday 11 July

**Moreton Morrell, Warwickshire**

Workshop 1  Tuesday 30 May  
Workshop 2  Tuesday 27 June  
Workshop 3  Thursday 20 July  
Workshop 4  Wednesday 16 August

Assessment  Wednesday 30 August

Course costs: £900  
Assessment cost: £440  
**Payment can be split into instalments.**
UKCC Dressage Specific Level 3 Qualification

For Level 3 you will have to:

Submit a portfolio that will show evidence that you can:

- Performance Profile two riders
- Complete Learning Style Questionnaires for two riders
- Goal Set for Riders
- Prepare an Annual Plan for Two Riders
- Produce 8 x Linked Session Plans
- Produce Risk Assessments

To complete the portfolio you will have to work with your own riders, and so for Level 3 you will need two riders one of which must be Advanced Medium level and the second can be Medium or above.

Names of these riders must be supplied on application with a declaration from them that they are willing to take part.

Show in a practical assessment that you can:

- Assess and analyse the way of Going of Horses
- Use Appropriate Delivery Style
- Manage a Safe Coaching Environment
- Show Knowledge of Training Horses and Riders to Advanced Medium Level
- Prepare a Rider for Competition at Advanced Medium Level
- Improve Riders Performance
- Give Feedback to Riders on their Performance

For Level 3 assessment you will have to:

Submit your portfolio, take part in a professional discussion and give two practical coaching sessions. Both of the practical sessions will be private lessons, one of them will be a test riding session.

Workshops

For Level 3 there are seven one-day workshops about a month apart followed by a final assessment.

November 2016
The workshops are a mixture of theory based classroom sessions where the information needed for the portfolio will be covered and practical coaching sessions where the coaching skills will be covered. Advice on the technical skills will also be given in the practical sessions but we cannot make you technically competent at the level in 7 sessions so you must be competent and confident in your technical skills before applying.

You will also need to be prepared to work on your own between workshops, this would be completing the portfolio tasks and could be watching other coaches and making sure you get as much coaching practice as possible.

**Dates and prices for 2017**

We have two level 3 courses planned for 2017

**Venue – Vale View, Leicestershire**

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<th>Workshop</th>
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<tr>
<td>1</td>
<td>Tuesday 17 January</td>
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<td>Monday 13 February</td>
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<td>Tuesday 6 June</td>
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<td>Monday 3 July</td>
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Assessment date: - Tuesday 25 July

**Venue – Oldencraig, Surrey**

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<td>1</td>
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Assessment date: - Wednesday 1 November

Course costs: **£1500**
Assessment cost: **£440**

**Payment can be split into instalments.**

**What You Need to Do Now?**

This document is designed to give you a brief insight into the UKCC qualification. If you would like more details please contact Katy Evans at British Dressage.

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November 2016