



UKCC Information for British Dressage Members



What is UKCC?

The UK Coaching Certificate is a government recognised qualification and provides a recognised stamp of quality coaching across all sports around the UK. There are four levels with all sports requiring the same coaching skills at each level.

- **Level 1** – Assistant...delivers aspects of sessions...direct supervision
- **Level 2** – Basic, safe coach. Can prepare for, deliver and review a progressive series of sessions. This is now a Dressage specific coaching qualification.
- **Level 3** – Fully autonomous (independent) coach; role model at County/Regional level. Can plan, deliver, analyse and review annual programmes of rider development
- **Level 4** – This is a Post Graduate Diploma run through the BEF.

Level 1 is generic and as such British Dressage do not currently run this qualification.

Levels 2 and 3 are discipline-specific, which for BD means you will be assessed coaching up to Elementary for Level 2 and Advanced Medium for Level 3.

What are the benefits of a UKCC dressage specific qualification?

The UKCC has raised the profile of equestrian coaching by establishing best practice coaching standards. We now have a nationally recognised framework of qualifications for coach education developed by the UK's most successful sports. The successful completion of a UKCC dressage specific qualification demonstrates that you have the technical knowledge and practical ability to coach riders to the level of the qualification gained.

British Dressage recognise this knowledge and the hard work that goes into completing a UKCC qualification and strive to continue to support our coaches, and develop their careers after the courses. Therefore any regional training up to Elementary must be taken by either a recognised or accredited coach. Any medium or advanced medium training can only be taken by an accredited coach. This is an excellent way to expose your coaching skills, and begin to develop your own client base.

UKCC Dressage Specific Level 2 Qualification

Achievement of the qualification is through attendance on a course of training and assessment. The assessment specification requires learners to:

- Complete a series of assessed tasks contained within their learner portfolio, provided by 1st4sport.
- Plan, deliver and evaluate a minimum of six coaching sessions in dressage. Four of the six sessions must be linked and progressive, and working with the same individual or group of participants in order to monitor and review any progress made. The additional sessions

will ideally be planned for a different participant type to the linked and progressive sessions e.g. adults/youths/children/Para. One of the additional sessions could be at a mock competition.

- Demonstrate their ability to coach session(s) in two practical coaching assessments, split into one group session of 45mins and one individual session of 30 mins which could be at a mock competition (either in their workplace or in a simulated environment). Observed sessions may be taken from the six planned sessions.

The learner portfolio and the practical demonstrations are inclusive of all assessment criteria. Successful completion will result in the achievement of the qualification.

Requirements

General Pre Requisites

- Full or Non Competing British Dressage Membership
 - At least 17 years old (please note we cannot certificate this course until the candidate is 18)
 - Have a current recognised first aid certificate*
 - Have a current recognised safeguarding certificate*
 - Have public liability insurance
- You must have 2 riders at Novice/Elementary Level which you coach on a regular basis, this is essential as you will be required to complete case studies and areas of the portfolio based on riders at this level.

*must be a face to face course and not online

Qualification and Competency Requirements

Demonstrate the competencies of the General UKCC Level 1 in Equestrian Coaching by holding at least 1 of the following:

- Holding a UKCC Level 1 In General Equestrian Coaching awarded by a British Equestrian Federation member body

Holding a qualification awarded by the British Equestrian Federations Member Bodies to include:

- British Horse Society PTT, BHS Stage 2 Riding and Horse Care or BHS Stage 2 Complete Horsemanship (stage 2 lunge, care, riding & coach)
- The Association of British Riding Schools Stable Management Test 7 & ABRS Equitation Test No.6
- The Pony Club B Test
- Riding for the Disabled Coach Exam
- Other experience or learning not evidenced by the above qualifications will be considered on a case by case basis.

Workshops

For **Level 2** there are four one-day workshops approximately a month apart followed by a final assessment.

The workshops are a mixture of theory based classroom sessions where the information needed for the portfolio will be covered, and practical coaching sessions where the coaching skills will be

covered. Advice on the technical skills will also be given in the practical sessions but we cannot make you technically competent at the level in 4 sessions so you must be competent and confident in your technical skills before applying.

You will also need to be prepared to work on your own between workshops. This includes completing the portfolio tasks and could include watching other coaches and making sure you get as much coaching practise as possible.

Dates and prices for 2018

We have three level 2 courses planned for 2018

Vale View, Leicestershire

Workshop 1 Monday 15 January
Workshop 2 Monday 12 February
Workshop 3 Monday 12 March
Workshop 4 Wednesday 18 April

Assessment Monday 14 May

Myerscough College, Lancashire

Workshop 1 Friday 27 April
Workshop 2 Friday 23 May
Workshop 3 Wednesday 27 June
Workshop 4 Tuesday 17 July

Assessment Tuesday 21 August

Parwood, Surrey

Workshop 1 Monday 26th March
Workshop 2 Wednesday 2nd May
Workshop 3 Wednesday 6th June
Workshop 4 Wednesday 4th July

Assessment Wednesday 18th July

Course costs: £900

Assessment cost: £440

Payment can be split into two payments of £450 for the course; the 1st instalment to be paid before the course begins and the 2nd payment due before the final course date. Please note you cannot take the last day of the course until you have paid in full. Should you fail to attend a day you are at risk of having to start the course again and you will be liable for the full cost of the new course.

UKCC Dressage Specific Level 3 Qualification

Achievement of the qualification is normally through attendance on a course of training and assessment. The assessment specification requires learners to:

- Complete a series of assessed tasks contained within their learner portfolio, provided by 1st4sport.
- Plan a seasonal coaching programme. The coaching programme must be focused on one rider
- Plan, deliver and evaluate an aspect of a seasonal coaching programme covering a minimum of an 8-week period where a minimum of 8 sessions are planned, delivered and evaluated.
- Demonstrate their ability to coach dressage session(s) in [coaching for a minimum of 90 minutes, through the observation of one 45-minute sessions and one 45 min simulated competition] practical coaching assessments. Observations will take place with riders in an assessment situation which closely simulates a private clinic and mock competition. Where observations are conducted in a simulated environment, these must be in addition to the 8 that must be delivered in the coach's normal coaching environment.

The learner portfolio and the practical demonstrations are inclusive of all assessment criteria. Successful completion will result in the achievement of the qualification.

Requirements

UKCC Level 3 Pre Requisites

To access the level 3 through the pathway route (step by step) the applicant will be required to have:

General Pre Requisites

- Full or Non Competing British Dressage Membership
 - At least 17 years old (please note we cannot certificate this course until the candidate is 18)
 - Have a current recognised first aid certificate*
 - Have a current recognised safeguarding certificate*
 - Have public liability insurance
- *must be face to face course and not online

Qualification and Competency Requirements

- Holding a UKCC Level 2 In General Equestrian Coaching awarded by a British Equestrian Federation member body or hold the British Dressage level 2 in coaching
- The Association of British Riding Schools Stable Management Test 8 & ABRS Equitation Test No.9
- The Pony Club A Test
- Riding for the Disabled Senior Coach Exam
- Other experience or learning not evidenced by the above qualifications will be considered on a case by case basis.

Workshops

For **Level 3** there are seven one-day workshops about a month apart followed by a final assessment.

The workshops are a mixture of theory based classroom sessions where the information needed for the portfolio will be covered and practical coaching sessions where the coaching skills will be covered. Advice on the technical skills will also be given in the practical sessions but we cannot

make you technically competent at the level in 7 sessions so you must be competent and confident in your technical skills before applying.

You will also need to be prepared to work on your own between workshops, this would be completing the portfolio tasks and could be watching other coaches and making sure you get as much coaching practise as possible.

Dates and prices for 2018

We have two level 3 courses planned for 2018

Swallowfield, Warwickshire

Workshop 1 Tuesday 16 January
Workshop 2 Tuesday 13 February
Workshop 3 Tuesday 13 March
Workshop 4 Tuesday 17 April
Workshop 5 Tuesday 15 May
Workshop 6 Tuesday 26 June
Workshop 7 Tuesday 31 July

Assessment Tuesday 14 August

Catherston, Hampshire

Workshop 1 Tuesday 10th April
Workshop 2 Tuesday 8th May
Workshop 3 Tuesday 5th June
Workshop 4 Tuesday 3rd July
Workshop 5 Tuesday 7th August
Workshop 6 Tuesday 4th September
Workshop 7 Tuesday 2nd October

Assessment Tuesday 23rd October

Course costs: £1500

Assessment cost: £440

Payment can be split into three payments of £500 for the course; the 1st instalment to be paid before the course begins and the 2nd and 3rd payments are due before the final course date. Please note you cannot take the last day of the course until you have paid in full. Should you fail to attend a day you are at risk of having to start the course again and you will be liable for the full cost of the new course.

What You Need to Do Now?

This document is designed to give you a brief insight into the UKCC qualification. If you would like more details please contact Viki Dicesare at British Dressage.

Email:- wiki.dicesare@britishdressage.co.uk

Tel:- 02476 698833