



## BD Scotland Flexi Training

Following a successful pilot scheme by BD Northern region of Flexi Training BD Scotland region are now wishing to offer this initiative to Scotland region members and coaches.

As a region we wish to support coaches in the region who have the UKCC qualification and are registered as BD Accredited or Recognised coaches.

For riders, we want to encourage participation in the regional team competitions and wish to offer a more flexible way to achieve the required training.

**BD Accredited Coaches** – hold the UKCC level 3 dressage qualification. They have been assessed by BD assessors and have shown good knowledge of modern coaching skills and sound technical knowledge of dressage up to and including Advanced Medium level.

**BD Recognised Coaches** – hold a UKCC level 2 qualification or a UKCC qualification from another relevant equestrian discipline (ie. Generic or BE specific). They have shown a good basic knowledge of modern coaching and have a sound technical knowledge of dressage up to Elementary level.

### How it works:

Book a training session with a coach of your choice via the online Bookwhen system. On completion of booking you will receive a Bookwhen reference number and contact details for the coach. You make contact with the coach and arrange a date / time & venue that suits, quoting the booking reference number. Travel or arena hire charges can be paid directly to coach or venue at the time of training. Booking valid for 3 months.

### Coaches:

#### [Caroline Paterson \(Ayrshire\)](#)

**Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35**

Caroline is a BD Recognised coach with the UKCC level 2 qualification and a List 3a judge. Caroline currently has two horses and she regularly trains with Debby Lush and Charlie Hutton. Caroline has previously ridden up to Advanced level. Caroline is keen to help develop riders at any age or level. Riders can come with specific goals or she is happy to help you plan for the future. Caroline has a new 20m x 60m outdoor area which is set for out for both short and long so great for test riding practise and running through music programmes.

#### [Diana Zajda \(Perthshire\)](#) - **BD Youth Coach**

**Cost: Private 45 minute session – BD Members £45 / Associate & Non Members - £50**

Diana is a BD Accredited coach and holds the UKCC Level 3 dressage specific qualification and BHSI. Diana was Senior Coach and then Manager at the prestigious Gleneagles Mark Phillips Equestrian Centre where she worked closely with William Micklem FBHS. Diana is a BD Youth coach and registered BD Rider Test Assessor and BD List 5 judge. Diana coaches from Prelim to PSG and believe encouragement and enthusiasm together with hard work and consistency, plus a drop of humour, will stand you in good stead - "happy riders make happy horses".

### [Eilidh Grant \(Aberdeenshire\)](#) - **BD Youth Coach**

**Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35**

Eilidh is a BD Accredited coach and holds the UKCC Level 3 dressage specific qualification. Eilidh has ridden and trained up to Grand Prix and competed for Team GB at both young rider level at the European Championships in 2012 and at International Under 25s Grand Prix in 2017. Eilidh is a BD Youth coach and teaches a wide variety of clients from young riders on ponies and aiming for Junior and Young Rider level to some very long standing clients who aim to ride their horses to the very best of their ability - she is happy to teach all levels & types of horses. Eilidh is happy to travel to other areas to teach outside Aberdeen Area

### [Elisabeth Leslie \(Kinross\)](#) – **BD Youth Coach**

**Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45**

Elisabeth is a BD Accredited coach UKCC Level 3 dressage specific and UKCC Level 3 generic and also holds the BHSII SM qualification. Elisabeth will coach any level of rider and has real enthusiasm for perfecting skills to benefit the horse. Having trained in Germany, France and Switzerland these methods are very evident in her coaching sessions. Elisabeth has a 30m x 60m floodlit all weather outdoor arena at her base, Cleish, Kinross. She runs clinics throughout the year, for both dressage and eventing, and has stabling for those coming from further afield.

### [Harry Payne \(East Lothian\)](#) - **BD Youth Coach**

**Cost: Private 45 minute session – BD Members £45 / Associate & Non Members £50**

Harry is a BD Accredited coach and BD Youth coach and is one of a handful of people to hold the UKCC level 4 qualification. Harry is also a BD List 1 judge, FEI 3/4\* eventing judge, tutor judge and coach educator. Harry has ridden to International level and Grand Prix within dressage and International level at 3-day eventing. Harry is happy to work with riders at all ages and stages.

### [Jane Gilchrist \(Perthshire\)](#) – **BD Youth Coach**

**Cost: Private 1hr session – BD Member £30 / Associate & Non Members £35**

Jane is a BD recognised coach who holds the UKCC 3 (generic), Coach Educator and Assessor qualifications as well as being a BHSII (regd) freelance coach. Jane has achieved considerable success on homebred/produced horses in all three disciplines and uses the knowledge gained on a wide variety of horses to allow her riders to become more confident and enjoy their horse more with a particular interest in Dressage for Eventing. Willing to do private or group sessions.

### [Jean Stephen \(Aberdeenshire\)](#)

**Cost: Private 45 minute session – BD Member £35 / Associate & Non Members £40**

Jean is a BD recognised coach who holds the UKCC Level 3 dressage specific qualifications as well as holding the BHS Intermediate teaching certificate. Jean has trained and competed to Inter 1 level. Jean is happy to teach all ages and stages.

### [Jennifer Johnston-Harman \(Aberdeenshire\)](#)

**Cost: Private 45 minute session – BD Members £50 / Associate & Non Members £55**

Jennifer Johnston-Harman is a BD Accredited coach and holds the UKCC level 3 dressage specific and BHSI qualifications. Jennifer has competed up to Advanced level in Eventing and up to Inter 2 Dressage on horses she has produced from foals. She has brought on horses to qualify at every level at the National championships over the years and holds Scottish titles at Novice, Elementary, Medium, Advanced Medium, PSG and Inter 1 levels. Jennifer has a 20m x 60m outdoor and 20m x 60m indoor arena at her base in Aberdeenshire.

### [Joanna Barry \(West Lothian\)](#) – **BD Youth Coach**

**Cost: Private 45 minute session – BD Members £50 / Associate & Non Members £55**

Jo is a National Dressage rider and BD Accredited coach and holds the UKCC level 3 dressage specific and EFI Level 1 & 2 qualifications and is also an EFI qualified Tutor. Jo has achieved great success at National level with the number of National Title wins well into doubles figures. Jo also has a love for Dressage to Music and is happy to help anyone who wants to discover this really enjoyable part of dressage.

**Linda Barnes (Ayrshire) – BD Youth Coach**

**Cost: Private 45 minute session – BD Members £40 / Associate & Non Member £45**

Linda Barnes is a BD recognised coach and holds the UKCC level 2 qualification. She is a list 4 BD judge and has a BA (Hons) degree in Equine Studies. Linda currently competes at Inter 1 level, and has won classes at various levels at Scottish Championships, Regional Championships and Area Festivals over the years. She has also had top 10 placings at National Championships. She aims to be an encouraging and confidence giving coach, and welcomes all levels and ages.

Linda has a 20x60m floodlit outdoor arena with mirrors at her yard in Ayrshire, and holds regular clinics at Morris Equestrian Centre. She is also happy to travel to other yards.

**Liz Love (Peebles) - BD Youth Coach**

**Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45**

Liz is a BD Recognised coach and holds the UKCC Level 3 generic qualification and is a BD list 4 judge. Liz is also a registered BD Youth coach and happy to teach all ages and abilities, either for competition or general riding improvement. Liz says she works on the balance of both rider and horse, and try and help the understanding of how both work.

**Rebecca Chalmers (Perthshire)**

**Cost: Private 45 minute session – BD Member £30 / Associate & Non Members £35**

Rebecca is a BD Recognised coach with UKCC level 3 generic & BHS.I.I (T) qualifications. She recently became a BD list 6 judge and is training to be a BD Youth Assessor. Rebecca has 30+ years of starting and training young horses / ponies and riders. She continues to compete and has taken several horses / ponies to the Regional Championships since 2008, including 2 homebred mares to National level. Rebecca also trains for grassroots level showjumping & eventing. She has a particular interest in native ponies and is a Highland Pony Society ridden & in hand judge. Lessons may be at her base near Blairgowrie or by arrangement at other venues.

**Sarah-Jayne Bowers (Fife) – BD Youth Coach**

**Cost: Private 45 minute session – BD Members £30 / Associate & Non Members £35**

Sarah-Jayne is a BD Recognised Coach with UKCC L3 (Generic), BHS Stage 4 Senior Coach in Complete Horsemanship and Stage 5 Coaching/Care & Management qualifications. She has taught freelance coaching for individuals, teams, Riding Clubs, BHS Adult Camps and Pony Clubs for twenty-seven years, including five years in the USA. She has competed her own horses in BD, BE, and BS competitions, in addition to retraining ex-racehorses for a charity and achieving her USDF Bronze Medal and competing up to PSG when living in the USA. Over the last few years she has trained regularly with Kim Ratcliffe and Matt Burnett. Sarah-Jayne is happy to train all age groups and levels of horse and rider, and aims to help all riders to enjoy developing their horses and achieving their goals. Lessons taken at her own 20x40m outdoor arena are included in the price, lessons arranged at other venues in Fife will incur venue hire fees but not travel fees.

**Scott Mclellan (Ayrshire) - BD Youth Coach**

**Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45**

Scott is a BD Recognised coach who holds the UKCC level 3 generic coaching certificate and is a recognised BD Youth coach. Scott has ridden at Int 1 level within dressage, International 3-days eventing and is experienced in producing young horses. Scott has extensive experience with

grassroots and young riders and is chief instructor at Eglinton pony club. Training cost includes arena hire of the small indoor arena at Morris Equestrian Centre.

### [Shelagh Steven \(Angus\)](#)

**Cost: Private 1 hour session – BD Member £30 / Associate & Non Members £35** Shelagh is a BD Recognised Coach and holds the UKCC3 (generic) qualification and BHSSM II (APC). Shelagh is based in Angus, with access to many indoor and outdoor facilities in the area and is willing to consider travelling for clinics and camps. Shelagh believes all horses can go correctly, and enjoys training all sorts of combinations. Currently a Group 5 rider Shelagh is still actively competing and keeps up to date with modern day training methods. Cost subject to additional travel charge where appropriate.

**Book all training online at <https://bookwhen.com/bdscotlandflexitraining>**

If you are a BD Accredited or Recognised coach and wish to participate in Flexi Training please contact Emma Stewart on [emma.stewart@britishdressage.co.uk](mailto:emma.stewart@britishdressage.co.uk) or 07584147258.