



BD Scotland Flexi Training

Following a successful pilot scheme by BD Northern region of Flexi Training BD Scotland region are now wishing to offer this initiative to Scotland region members and coaches.

As a region we wish to support coaches in the region who have the UKCC qualification and are registered as BD Accredited or Recognised coaches.

For riders, we want to encourage participation in the regional team competitions and wish to offer a more flexible way to achieve the required training.

BD Accredited Coaches – hold the UKCC level 3 dressage qualification. They have been assessed by BD assessors and have shown good knowledge of modern coaching skills and sound technical knowledge of dressage up to and including Advanced Medium level.

BD Recognised Coaches – hold a UKCC level 2 qualification or a UKCC qualification from another relevant equestrian discipline (ie. Generic or BE specific). They have shown a good basic knowledge of modern coaching and have a sound technical knowledge of dressage up to Elementary level.

How it works:

Book a training session with a coach of your choice via the online Bookwhen system. On completion of booking you will receive a Bookwhen reference number and contact details for the coach. You make contact with the coach and arrange a date / time & venue that suits, quoting the booking reference number. Travel or arena hire charges can be paid directly to coach or venue at the time of training. Booking valid for 3 months.

Coaches:

[Caroline Paterson \(Ayrshire\)](#)

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35

Caroline is a BD Recognised coach with the UKCC level 2 qualification and a List 3a judge. Caroline currently has two horses and she regularly trains with Debby Lush and Charlie Hutton. Caroline has previously ridden up to Advanced level. Caroline is keen to help develop riders at any age or level. Riders can come with specific goals or she is happy to help you plan for the future. Caroline has a new 20m x 60m outdoor area which is set for out for both short and long so great for test riding practise and running through music programmes.

[Diana Zajda \(Perthshire\)](#) - **BD Youth Coach**

Cost: Private 45 minute session – BD Members £45 / Associate & Non Members - £50

Diana is a BD Accredited coach and holds the UKCC Level 3 dressage specific qualification and BHSI. Diana was Senior Coach and then Manager at the prestigious Gleneagles Mark Phillips Equestrian Centre where she worked closely with William Micklem FBHS. Diana is a BD Youth coach and registered BD Rider Test Assessor and BD List 5 judge. Diana coaches from Prelim to PSG and believe encouragement and enthusiasm together with hard work and consistency, plus a drop of humour, will stand you in good stead - "happy riders make happy horses".

Eilidh Grant (Aberdeenshire) - BD Youth Coach

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35

Eilidh is a BD Accredited coach and holds the UKCC Level 3 dressage specific qualification. Eilidh is a has ridden and trained up to Grand Prix and competed for Team GB at both young rider level at the European Championships in 2012 and at International Under 25s Grand prix in 2017. Eilidh is a BD Youth coach and teaches a wide variety of clients from young riders on ponies and aiming for Junior and Young Rider level to some very long standing clients who aim to ride their horses to the very best of their ability - she is happy to teaching all levels & types of horses. Eilidh is happy to travel to other areas to teach outside Aberdeen Area

Harry Payne (East Lothian) - BD Youth Coach

Cost: Private 45 minute session – BD Members £45 / Associate & Non Members £50

Harry is a BD Accredited coach and BD Youth coach and is one of a handful of people to hold the UKCC level 4 qualification. Harry is also a BD List 1 judge, FEI 3/4* eventing judge, tutor judge and coach educator. Harry has ridden to International level and Grand Prix within dressage and International level at 3-day eventing. Harry is happy to work with riders at all ages and stages.

Jennifer Johnston-Harman (Aberdeenshire)

Cost: Private 45 minute session – BD Members £50 / Associate & Non Members £55

Jennifer Johnston-Harman is a BD Accredited coach and holds the UKCC level 3 dressage specific and BHSI qualifications. Jennifer has competed up to Advanced level in Eventing and up to Inter 2 Dressage on horses she has produced from foals. She has brought on horses to qualify at every level at the National championships over the years and holds Scottish titles at Novice, Elementary, Medium, Advanced Medium, PSG and Inter 1 levels. Jennifer has a 20m x 60m outdoor and 20m x 60m indoor arena at her base in Aberdeenshire.

Joanna Barry (West Lothian)

Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45

Jo is a National Dressage rider and BD Accredited coach and holds the UKCC level 3 dressage specific and EFI Level 1 & 2 qualifications and is also an EFI qualified Tutor. Jo has achieved great success at National level with the number of National Title wins well into doubles figures. Jo also has a love for Dressage to Music and is happy to help anyone who wants to discover this really enjoyable part of dressage.

Liz Love (Peebles) - BD Youth Coach

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members £35

Liz is a BD Recognised coach and holds the UKCC Level 3 generic qualification and is a BD list 4 judge. Liz is also a registered BD Youth coach and happy to teach all ages and abilities, either for competition or general riding improvement. Liz says she works on the balance of both rider and horse, and try and help the understanding of how both work.

Scott Mclellan (Ayrshire) - BD Youth Coach

Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45

Scott is a BD Recognised coach who holds the UKCC level 3 generic coaching certificate and is a recognised BD Youth coach. Scott has ridden at Int 1 level within dressage, International 3-days eventing and is experienced in producing young horses. Scott has extensive experience with grassroots and young riders and is chief instructor at Eglinton pony club. Training cost includes arena hire of the small indoor arena at Morris Equestrian Centre.

Book all training online at <https://bookwhen.com/bdscotland>

If you are a BD Accredited or Recognised coach and wish to participate in Flexi Training please contact Emma Stewart on emma.stewart@britishdressage.co.uk or 07584147258.