



BD Scotland - Pay As You Go Flexi Training

Following a successful pilot scheme by BD Northern region of Flexi Training BD Scotland region are now wishing to offer this initiative to Scotland region members and coaches.

As a region we wish to support coaches in the region who have the UKCC qualification and are registered as BD Accredited or Recognised coaches.

For riders, we want to encourage participation in the regional team competitions and wish to offer a more flexible way to achieve the required training.

BD Accredited Coaches – hold the UKCC level 3 dressage qualification. They have been assessed by BD assessors and have shown good knowledge of modern coaching skills and sound technical knowledge of dressage up to and including Advanced Medium level.

BD Recognised Coaches – hold a UKCC level 2 qualification or a UKCC qualification from another relevant equestrian discipline (ie. Generic or BE specific). They have shown a good basic knowledge of modern coaching and have a sound technical knowledge of dressage up to Elementary level.

How it works:

Book a training session with a coach of your choice via the online Bookwhen system. On completion of booking you will receive a Bookwhen reference number and contact details for the coach. You make contact with the coach and arrange a date / time & venue that suits, quoting the booking reference number. **ALL CHARGES TO BE PAID TO THE COACH AT TIME OF TRAINING.** Please note that where travel or arena hire is required charges may differ from the rates listed below.

Accredited Coaches

Diana Zajda (Perthshire) - BD Youth Coach

Cost: Private 45 minute session – BD Members £45 / Associate & Non Members - £50

Diana is a BD Accredited coach and holds the UKCC Level3 dressage specific qualification and BHSI. Diana was Senior Coach and then Manager at the prestigious Gleneagles Mark Phillips Equestrian Centre where she worked closely with William Micklem FBHS. Diana is a BD Youth coach and registered BD Rider Test Assessor and BD List 5 judge. Diana coaches from Prelim to PSG and believe encouragement and enthusiasm together with hard work and consistency, plus a drop of humour, will stand you in good stead - "happy riders make happy horses".

Eilidh Grant (Aberdeenshire) - BD Youth Coach

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35

Eilidh is a BD Accredited coach and holds the UKCC Level3 dressage specific qualification. Eilidh is a has ridden and trained up to Grand Prix and competed for Team GB at both young rider level at the European Championships in 2012 and at International Under 25s Grand prix in 2017. Eilidh is a BD Youth coach and teaches a wide variety of clients from young riders on ponies and aiming for Junior and Young Rider level to some very long standing clients who aim to ride their horses to the very best of their ability - she is happy to teaching all levels & types of horses. Eilidh is happy to travel to other areas to teach outside Aberdeen Area.

[Elisabeth Leslie \(Kinross\)](#) – **BD Youth Coach**

Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45

Elisabeth is a BD Accredited coach UKCC Level 3 dressage specific and UKCC Level 3 generic and also hold the BHSII SM qualification. Elisabeth will coach any level of rider and has real enthusiasm for perfecting skills to benefit the horse. Having trained in Germany, France and Switzerland these methods are very evident in her coaching sessions. Elisabeth has a 30m x 60m floodlit all weather outdoor arena at her base, Cleish, Kinross. She runs clinics throughout the year, for both dressage and eventing, and has stabling for those coming from further afield.

[Hannah Moody \(Travels to Aberdeen\)](#) – **BD Youth Coach**

Hannah Moody - BD Accredited Coach, UKCC Level 3, Coach Educator, BD Youth Rider Test Assessor and Grand Prix Dressage Rider. Hannah is a very well established coach within British Dressage and has a wealth of knowledge training a wide variety of partnerships. From pony, junior and young riders, young horses, nervous combinations and those wanting to gain confidence in and out of the dressage arena as well as established partnerships. Hannah has a very clear coaching technique, is encouraging, patient and also motivates combinations to achieve their goals.

Hannah Moody is available for training at Tillyoch in Aberdeenshire

[Harry Payne \(East Lothian\)](#) - **BD Youth Coach**

Cost: Private 45 minute session – BD Members £45 / Associate & Non Members £50

Harry is a BD Accredited coach and BD Youth coach and is one of a handful of people to hold the UKCC level 4 qualification. Harry is also a BD List 1 judge, FEI 3/4* eventing judge, tutor judge and coach educator. Harry has ridden to International level and Grand Prix within dressage and International level at 3-day eventing. Harry is happy to work with riders at all ages and stages.

[Jean Stephen \(Aberdeenshire\)](#)

Cost: Private 45 minute session – BD Member £35 / Associate & Non Members £40

Jean is a BD recognised coach who holds the UKCC Level 3 dressage specific qualifications as well as holding the BHS Intermediate teaching certificate. Jean has trained and competed to Inter 1 level. Jean is happy to teach all ages and stages.

[Jennifer Johnston-Harman \(Aberdeenshire\)](#)

Cost: Private 45 minute session – BD Members £50 / Associate & Non Members £55

Jennifer Johnston-Harman is a BD Accredited coach and holds the UKCC level 3 dressage specific and BHSI qualifications. Jennifer has competed up to Advanced level in Eventing and up to Inter 2 Dressage on horses she has produced from foals. She has brought on horses to qualify at every level at the National championships over the years and holds Scottish titles at Novice, Elementary, Medium, Advanced Medium, PSG and Inter 1 levels. Jennifer has a 20m x 60m outdoor and 20m x 60m indoor arena at her base in Aberdeenshire.

[Joanna Barry \(West Lothian\)](#) – **BD Youth Coach**

Cost: Private 45 minute session – BD Members £50 / Associate & Non Members £55

Jo is a National Dressage rider and BD Accredited coach and holds the UKCC level 3 dressage specific and EFI Level 1 & 2 qualifications and is also an EFI qualified Tutor. Jo has achieved great success at National level with the number of National Title wins well into doubles figures. Jo also has a love for Dressage to Music and is happy to help anyone who wants to discover this really enjoyable part of dressage.

Sue Grice (Moray).

Cost: Private 45 minute session – BD Members £35 / Associate & Non Members - £37

Sue is a BD accredited coach holding the UKCC level 3 dressage specific as well as BHS II (sm). She is currently competing her home breed warmblood at Inter 1 as well as a traditional cob at PSG and a highland at elementary. She loves working with and training all different types of horses and ponies. Sue coaches riders from total beginners through to advanced riders and no matter how big or small a riders ambitions are Sue is always happy to work with riders to help them fulfil their goals.

Sue has over 30 years' experience teaching and her passion for helping riders realise their potential is evident in her teaching. Sue also works with riders to help improve their communication with their horses as she believes this is vital to enabling smoother progression for both horse and rider through their training.

Located in the Moray area Sue has an outdoor 20 x 40 arena. Sue also teaches regularly in the Fife area. Travelling expenses may be required depending upon location.

Any arena hire to be arranged by client and arena hire costs to be settled by the client directly with venue. There are no additional costs (travel or arena hire) when teaching at Sue's yard.

Recognised Coaches

Allison Fellows (Highlands)

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35

Allison is a BD Recognised Coach with the UKCC Level 3 (Generic) qualification and a List 3 judge. She has previously ridden to Advanced level and has been coaching for fifty years, with particular emphasis on the happy development of the horse and rider partnership. She is happy to teach any level and enjoys teaching young riders. She will come to you at a venue of your choice. Travel by discussion but usually at cost.

Caroline Paterson (Ayrshire) – BD Youth Coach

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members - £35

Caroline is a BD Recognised coach with the UKCC level 2 qualification and a List 3a judge. Caroline currently has two horses and she regularly trains with Debby Lush and Charlie Hutton. Caroline has previously ridden up to Advanced level. Caroline is keen to help develop riders at any age or level. Riders can come with specific goals or she is happy to help you plan for the future. Caroline has a new 20m x 60m outdoor area which is set for out for both short and long so great for test riding practise and running through music programmes.

Jane Gilchrist (Perthshire) – BD Youth Coach

Cost: Private 1hr session – BD Member £30 / Associate & Non Members £35

Jane is a BD recognised coach who holds the UKCC 3 (generic), Coach Educator and Assessor qualifications as well as being a BHSII (regd) freelance coach. Jane has achieved considerable success on homebred/produced horses in all three disciplines and uses the knowledge gained on a wide variety of horses to allow her riders to become more confident and enjoy their horse more with a particular interest in Dressage for Eventing. Willing to do private or group sessions.

Jane Rutherford (The Borders) – BD Youth Coach

Cost: Private 45 minute session – BD Member £30 / Associate & Non Members £35

Jane is a BD Recognised coach with the UKCC level 2 qualification. Jane regularly coaches at Barstobrick (Dumfries), Etal (Northumberland) and Mill of Uras (Stonehaven) and would be available for sessions booked via the Flexi-training system. Jane is an extremely experienced

dressage coach and has helped numerous riders to success at National Championships. Make a booking via the Flexi-Training site and then contact Jane to for details of the session organisers at Barstobrick, Etal or Mill of Uras to arrange date / times.

[Linda Barnes \(Ayrshire\)](#) – **BD Youth Coach**

Cost: Private 45 minute session – BD Members £40 / Associate & Non Member £45

Linda Barnes is a BD recognised coach and holds the UKCC level 2 qualification. She is a list 4 BD judge and has a BA (Hons) degree in Equine Studies. Linda currently competes at Inter 1 level, and has won classes at various levels at Scottish Championships, Regional Championships and Area Festivals over the years. She has also had top 10 placings at National Championships. She aims to be an encouraging and confidence giving coach, and welcomes all levels and ages.

Linda has a 20x60m floodlit outdoor arena with mirrors at her yard in Ayrshire and is happy to travel to other yards.

[Liz Love \(Peebles\)](#) - **BD Youth Coach**

Cost: Private 45 minute session – BD Members £40 / Associate & Non Members £45

Liz is a BD Recognised coach and holds the UKCC Level 3 generic qualification and is a BD list 4 judge. Liz is also a registered BD Youth coach and happy to teach all ages and abilities, either for competition or general riding improvement. Liz says she works on the balance of both rider and horse, and try and help the understanding of how both work.

[Marjorie Grant \(Perthshire\)](#)

Cost: £40 BD Members - £45 Associate/Non members

Marjorie is a BD recognised coach and holds UKCC Level 3 generic riding, BHS AI, BHS Int Stable Manager, Side Saddle Association 'A' Instructor and Society of Equine Behaviourists certificates. She is currently a BD group 5 rider, having previously competed to affiliated medium level. She has competed at Regional Championships, Area Festivals and Scottish Championships plus represented Scotland Region at the Home Internationals and Inter-Regional team competitions on home produced ponies.

Marjorie enjoys keeping up to date with training methods, which encourage improved horse welfare. She is keen to develop riders at any age or level to achieve their personal goals and to have fun with their riding. She is experienced in producing young horses and competes her own ponies in BD, Riding Club, endurance, jumping and showing. Marjorie has a particular interest in the training of native ponies for all disciplines. She is a Highland Pony Society In Hand/Ridden judge, a Side Saddle Association judge and is currently a BD Trainee Judge.

Marjorie is based near Perth with access to good indoor and outdoor facilities or can travel to your own yard. Lessons, camps or clinics can be organised. Travel expenses may be required depending on location.

[Rebecca Chalmers \(Perthshire\)](#) – **BD Youth Coach**

Cost: Private 45 minute session – BD Member £30 / Associate & Non Members £35

Rebecca is a BD Recognised coach with UKCC level 3 generic & BHS.I.I (T) qualifications. She recently became a BD list 6 judge and is training to be a BD Youth Assessor. Rebecca has 30+ years of starting and training young horses / ponies and riders. She continues to compete and has taken several horses / ponies to the Regional Championships since 2008, including 2 homebred mares to National level. Rebecca also trains for grassroots level showjumping & eventing. She has a particular interest in native ponies and is a Highland Pony Society ridden & in hand judge. Lessons may be at her base near Blairgowrie or by arrangement at other venues.

Sarah-Jayne Bowers (Fife) – BD Youth Coach

Cost: Private 45 minute session – BD Members £30 / Associate & Non Members £35

Sarah-Jayne is a BD Recognised Coach with UKCC L3 (Generic), BHS Stage 4 Senior Coach in Complete Horsemanship and Stage 5 Coaching/Care & Management qualifications. She has taught freelance coaching for individuals, teams, Riding Clubs, BHS Adult Camps and Pony Clubs for twenty-seven years, including five years in the USA. She has competed her own horses in BD, BE, and BS competitions, in addition to retraining ex-racehorses for a charity and achieving her USDF Bronze Medal and competing up to PSG when living in the USA. Over the last few years she has trained regularly with Kim Ratcliffe and Matt Burnett. Sarah-Jayne is happy to train all age groups and levels of horse and rider, and aims to help all riders to enjoy developing their horses and achieving their goals. Lessons taken at her own 20x40m outdoor arena are included in the price, lessons arranged at other venues in Fife will incur venue hire fees but not travel fees.

Shelagh Steven (Angus)

Cost: Private 1 hour session – BD Member £30 / Associate & Non Members £35

Shelagh is a BD Recognised Coach and holds the UKCC3 (generic) qualification and BHSSM II (APC). Shelagh is based in Angus, with access to many indoor and outdoor facilities in the area and is willing to consider travelling for clinics and camps. Shelagh believes all horses can go correctly, and enjoys training all sorts of combinations. Currently a Group 5 rider Shelagh is still actively competing and keeps up to date with modern day training methods. Cost subject to additional travel charge where appropriate.

Book all training online at <https://bookwhen.com/bdscotlandflexitraining>

If you are a BD Accredited or Recognised coach and wish to participate in Flexi Training please contact Emma Stewart on emma.stewart@britishdressage.co.uk or 07584147258.